

Serial No. 10/813,333

PATENT
Docket No. 75378.010800AMENDMENTS TO THE CLAIMS

Please amend the claims to read as set forth below:

Claims 1-7 (Canceled)**Claim 8 (Currently amended):** A stick member exercise device comprising:

- a base;
- a guide body connected to the base;
- a pivot carried in the guide body; and

a stick member having a lower portion of the stick member connected to the pivot in the guide body, wherein the guide body constrains movement of the stick member about the pivot to a defined guide path in the guide body, at least one resistance cylinder attached to the lower portion of the stick member below the pivot above the base.

Claims 9-15 (Canceled)**Claim 16 (Currently amended):** A stick member exercise device comprising:

- a base;
- a guide body connected to the base having a surface defining a guide path;
- a stick member;
- a pivot connecting the lower portion of the stick member to the guide body constraining rotational movement of the stick member along the defined guide path; and
- ~~at least two hydraulic cylinders affixed opposite one another and each affixed to the lower portion of the stick member and to the base~~ below the pivot above the base and affixed opposite one another to the base.

Claim 17 (Canceled)**Claim 18 (Currently amended):** The exercise device of claim 16 further comprising a movable crossbar attached to the top region of the stick member.

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Docket No. 75378.010800**Claim 19 (Canceled)**

Claim 20 (Currently amended): The exercise device of claim 19 18 further comprising a movable sleeve to which the movable crossbar is attached, whereby the sleeve and crossbar can slide up and down the stick member.

Claim 21 (Previously presented): The exercise device of claim 8 wherein the defined guide path lies in a plane parallel to a side wall of the guide body.

Claim 22 (Previously presented): The exercise device of claim 16 wherein the guide path lies in a plane parallel to the surface.

Claim 23 (Currently amended): A stick member exercise device comprising:

a base;

a guide body connected to the base defining a planar guide path;

a stick member;

a pivot connecting the lower portion of the stick member to the guide body permitting rotational movement of the stick member about the pivot and along the guide path; and

at least two cylinders fastened to the stick member above the base between the base and the pivot stick member each operative to apply a oppose pushing force applied to the stick member opposing movement of the stick member along the guide path in a direction away from one of the cylinders.

Claim 24 (Previously presented): The exercise device of claim 23 wherein the guide body has a first side wall and the guide path is parallel to the first side wall.

Claim 25 (Previously presented): The exercise device of claim 24 wherein the first side wall is flat.

Claim 26 (Previously presented): The exercise device of claim 24 wherein the guide body further comprises a second side wall spaced from and parallel to the first side wall defining the

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guide path and wherein the stick member is captured between the first and second side walls by the pivot.

Claim 27 (New): The exercise device of claim 16 further comprising a movable crossbar rotatable at least in a plane generally perpendicular to the stick member.